

Climate? Environment?

So, what am I supposed to do about it?

- 1.** Switch to a Green Energy provider. Several companies provide 100% energy from renewable sources. e.g. Octopus, Ecotricity, Bulb, etc. . . . Pick a deal now - www.moneysupermarket.com/ / www.greenenergyswitch.co.uk/ etc..
- 2.** Cut down on single use plastics. Bottled water is a con - you DON'T need it. Refuse to accept all the plastic packaging you can.
- 3.** Shun Fast Fashion. If YOU think it is cheap it's because someone else is paying dearly. Responsible for about 10% of the world's carbon emissions, the fashion industry is a high polluter. Buy quality clothing, made locally, to last.
- 4.** Eat less meat. Every time you leave meat off your plate (especially beef) you save a huge amount of greenhouse gas. If you missed Veganuary, go for Tofuebruary or MeatlessMarch etc.. www.viva.org.uk
- 5.** Make your next car electric or hybrid. With your green electricity, put it into a non polluting vehicle and save money on fuel, tax and maintenance.
- 6.** Cut international travel. A single, economy transatlantic flight can account for ¼ of the average person's annual carbon footprint. Holiday at home and keep England a green and pleasant land.
- 7.** Switch to a Green Bank Account. Is your bank lending your money to high polluting industries? Ethical banks are more choosy. Check out Triodos.com and Cooperative Bank. Compare banks at www.Uswitch.com
- 8.** Reduce heating. Explore what you can do to insulate your home (with grants), cut draughts, turn down the heating by a degree, turn off radiators in unused rooms, etc..
- 9.** Check out home power sources. Solar panels, Air Source Heat Pumps, Eco Friendly Boilers. These are all household mods you can install to cut your carbon footprint and even save money long term.
- 10.** WRITE TO YOUR MP. Yes, we elected him and getting action from the Government can be a million times more effective than everything else above. Every voice lets our MPs know that votes come from delivering the actions we want!

